

Patient Newsletter



TRAINING DAYS

Wed 11 March
Tue 21 April
Tue 12 May

GLMC will be closed from 1pm until the following morning at 8am to allow for staff training.

***In an emergency
please telephone
NHS 111***



Hayley Brassington
Business Director
Spring 2026

EASTER OPENING HOURS

The practice will be **closed** over Easter on:

FRIDAY 3 APRIL 2026
MONDAY 6 APRIL 2026

We will remain open as normal on all other working days 8.00am-6.30pm. If during our closure you need urgent medical assistance that cannot wait until the practice re-opens please dial NHS 111.

We wish all our patients who celebrate, a lovely Easter!

SPRING COVID BOOSTERS

We will be commencing spring COVID boosters in April. This will be for any patients who are 75 or over (including those who are 75 as of 31 January 2026) and patients aged over 6 months to 74 years who are immunosuppressed.



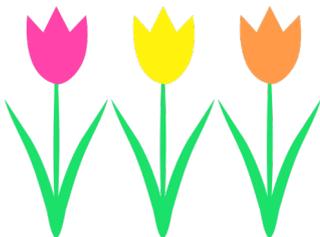
Invites will be sent out over the coming months. There are no confirmed clinic dates as of yet, we are still in the planning stages, however, these are likely to be mid-week clinics.

PATIENT **Champion** **Meeting**

The Patient Champions Group allows patients to engage with the practice and become more involved.

The next meeting date is yet to be confirmed and will be circulated in due time.

If you would like to join the next meeting, please contact
pcnchestercentral
@nhs.net



STAFF UPDATE

Practice Nurse Alison Hawkesford is leaving on 13 March to start an exciting new chapter in France. Alison rejoined the practice as a practice nurse on 1 February 2019. She had previously worked as a summariser & Medicine manager from March 2004 to July 2018. Alison then decided to return to do a return to nursing qualification and left briefly to work as a community nurse. We wish her lots of luck and happiness in her new adventure.

MMRV

For most children chickenpox can be mild, but for others it can be serious and lead to complications and hospitalisation. So, from 1st January 2026 children will now be offered protection against chickenpox in the NHS routine childhood vaccine schedule from 12 months old. The chickenpox protection will be given in an MMRV vaccine, which also protects against measles, mumps and rubella, giving protection against 4 diseases in one. The schedule will be as follows:

Babies born on or after 1 January 2025:

- 1st dose MMRV at 12 months
- 2nd dose MMRV at 18 months

Toddlers born between July and December 2024:

- MMR at 12 months
- 1st dose MMRV at 18 months
- 2nd dose MMRV at 3 years 4 months

Children born September 2022 to June 2024:

- 1st dose of MMRV at 3 years 4 months (instead of MMR)

Older children born January 2020 to August 2022:

- Eligible for a special catch-up programme if they haven't had chickenpox or the vaccine.

Those born before January 2020 are likely to have had chickenpox and remain eligible for the MMR vaccine.

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