

At the Practice we can offer two types of Physio service that are available to be booked straight into by our Reception Team. Below you can see which service may be more appropriate based on your problem. For more information please speak to our Reception Team on 01244 346677

<b>Physio First</b>
clear idea of problem, i.e. sprained ankle, neck pain etc.
localised pain
clear history of injury
seeking physio advice/assessment
non-regular attender
generally good health
no history of serious pathology

<b>Advanced Practice Physiotherapist</b>
vague non-specific description of MSK type pain
widespread pain
uncertain origin of problem
seeking diagnostics, or specific procedure e.g. MRI, injection etc.
multiple attender, repeat visit for same or similar problem
complex multi-pathology history
history of serious pathology